

## Mother and daughter get muddy to raise money for Hospice

Lynsey and her daughter Sophie, aged 7, recently participated in the Tough Mudder event for the Hospice and have raised an outstanding £1685.00! Lynsey and Sophie have recently visited the Hospice during the time a family member was cared for here.

Lynsey told us 'Mel was in the hospice for just under 3 weeks. I hadn't been to a hospice before and I was expecting it to be very clinical and run like a hospital. It wasn't like this at all. The building and the grounds are very homely and peaceful. It is more of a homely atmosphere. Everyone took very good care of Mel, as you would expect, but I was so touched at how all the staff dealt with us as a family, especially my sister. The effort, care, respect and friendliness shown to us was amazing. My daughter, who is only 7 and was close to her Aunty, was always included and spoken to with the same amount of respect as the adults, which was a big thing for me - she came away from the hospice saying that she'd like to visit again and once saying that she'd like to become a nurse!'

Thank you for taking on this challenge and supporting the hospice, you are both amazing!

