

Rose to Remember



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Welcome

It seems only fitting that this issue's welcome comes from Adele Doherty, our new Chief Executive. Adele started at the Hospice almost 7 years ago as a Practice Development Facilitator. Her passion for providing excellent, supportive palliative and end-of-life care has seen her progress to various roles at the Hospice, before her most recent appointment as our new Chief Executive...

I would like to start by saying how thrilled I am to have been appointed the new Chief Executive at Dr Kershaw's. The Hospice really is such a special place and makes such a difference to so many patients and their families across Oldham. I take great pride in knowing that my team go above and beyond, each and every day and do so with warmth and a smile which truly does mean so much to the families they support. I am looking forward to further developing our incredible Hospice and our services, as well as our events calendar over the years to come

What can I say about 2023 so far, it's been amazing! I was asked by our Fundraising Team, if as new CEO I would like to take part in Strictly Dance, our event at the Queen Elizabeth Hall. Without thinking it through I said absolutely, anything to support the Hospice that I so dearly love. The training was brutal and took me completely out of my comfort zone, on the night itself I had lots of nerves but it was just wonderful and I am so glad I did it. What's more the event raised over £28,000 for our Hospice, what a great start to 2023!

If you missed out on our sold-out Strictly Dance event, don't worry we have many other events coming up that you can support us at. Rose to Remember and our Summer Fayre are next on the agenda followed by our Golf Day, Light Up a Life and our Christmas events calendar. We now have a dedicated events person at the Hospice so we are looking at launching even more events over the coming year, watch this space!

As Heart of the Hospice is now bi-annual, our next issue will be published in early 2024. With that in mind I would like to wish you all the best year ahead and I hope 2023 brings you everything you wish for.

Thank you from the bottom of our hearts for all your support!

Adele Doherty - Chief Executive

Introducing Adele, Our New Chief Executive

We are thrilled to be introducing you to Adele Doherty, our new Chief Executive. Adele qualified as a registered nurse over 30 years ago, achieving her first Ward Sister post at just 25 years old. Since then, patient care has been Adele's top priority, and during her time at the Hospice supporting families and helping them to make precious memories by going the extra mile has been key for Adele...

Adele's Journey to CEO

1988	Student Nurse
1992	Qualified as Registered Nurse, worked as Staff Nurse - Oldham Hospital / Tameside Hospital
1995	Ward Sister - Birch Hill Hospital / Tameside Hospital
2000	Practice Based Educator - Birch Hill Hospital
2004	Professional Development Facilitator - The Pennine Acute Hospitals NHS Trust
2005	Lead Clinical Nurse for Rehabilitation / Stroke - The Pennine Acute Hospitals NHS Trust
2012	Clinical Matron (Urgent Care) - The Pennine Acute Hospitals NHS Trust
2016	Started at Dr Kershaw's as Practice Development Facilitator
2017	Appointed as Clinical Matron
2021	Appointed as Director of Clinical Services
2022	Appointed as Deputy CEO
2023	Became our new Chief Executive
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Farewell to Mirriam Lawton, Former Chair of our Board of Trustees

Back in March, we said goodbye to Mirriam Lawton, who had served on our Board of Trustees since 2011, becoming Deputy Chair in 2015, before being appointed Chair of the Board in January 2020. The Hospice has transformed dramatically during Mirriam's time here and Mirriam's knowledge and leadership has been key to this. Before her appointment as Chair, Mirriam retired as Deputy Chief Executive at Tameside MBC, and came to

the Hospice to make a contribution to a service that is so vital for the people of Oldham. We would like to say **Thank You** to Mirriam for all her support over the years, we hope you can now truly enjoy your retirement and wish you well for the future! We would also like to congratulate our former Vice Chair, Dr Paul Cook, on his appointment as our new Chair of the Board of Trustees.

Mirriam
recently performed
'Rule Britannia' at
our Strictly event as
well as supporting
as one of our
Judges

Hospice Team Became Our Family

Sam Webster's mum, Brenda Holt, was diagnosed with Dementia in her 60s then almost 20 years later she received the terrible news that she also had Pancreatic Cancer. Upon her diagnosis, Dr Kershaw's got in touch and in the last days of her life the Hospice at Home and Caring Hands Teams cared for Brenda, before she sadly died, just three months after her cancer diagnosis, on 11th November 2018 at age 81. When the Hospice Team stepped in to support Brenda and her children they quickly became like family, and enabled Sam and her two sisters to spend the precious time they had left with their mum, by her side...

"Mum was very sociable and extremely proud. She was an intelligent woman with a stubborn streak and a wicked sense of humour, and raised her three daughters to be the same; myself and my sisters, Teresa and Barbara. Mum had five grandchildren who she loved dearly and was married to my dad, Stewart, for 54 years.

She was an avid reader, always with her head in a book, enjoyed the theatre, travelling and art, and even carried on with her art classes right up until she died.

Mum had various jobs when we were young, even working as an Auxiliary Nurse at Dr Kershaw's at one point! She knew Dr Steptoe and was there when the first test tube baby was born in 1978.

Mum lived just around the corner from the Hospice, in the same house since 1964. She loved going out for meals and a glass of red wine, and was affectionately nicknamed 'Sponge Woman' by her grandchildren for her love of wine.

We were all devastated when mum was diagnosed with Pancreatic Cancer in August 2018. From there on everything happened so quickly, and she died just three months later.

After her diagnosis, the Hospice got in touch to let us know they would be there for us when we needed them. From the beginning we had a direct line and named staff to contact.

The week before Dr Kershaw's Team started to care for mum, we managed to spend a lovely day out with her. We took her to see Andrea Bocelli in London, mum was very poorly but was stubborn and wanted to go as the tickets were bought for her as a birthday present. She was very tired but still walked up every step to get to our seats, I'm so grateful we have that last lovely memory of mum.

The Hospice Team supported us, reassuring us that even though mum didn't have a voice she could hear what we were saying.

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The staff never felt intrusive, yet were present when we needed them even after her passing. We could not have asked for more.

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On the week mum died Dr Kershaw's nursing staff quickly became a part of our family, mum was unable to leave the house on the Wednesday and the downhill slope was quite steep from then on.

By Thursday, a hospital bed was ordered, painkillers were administered, and mum was kept comfortable. Friday, she was in her hospital bed and the Caring Hands Team came in to help clean her, manage her bed sores and change her bedding. At first, we, as her daughters, were adamant that this was our role but seeing mum in pain as we tried to move her was unimaginable. By the Saturday, mum wasn't awake but if she let out a groan and we were worried about her pain management, one phone call and the Hospice at Home Team were there in minutes to help. On the Sunday, we all took the time to sit with mum and whilst she wasn't lucid, we truly felt she enjoyed the radio and our chat. The Hospice Team supported us, reassuring us that even though mum couldn't speak she could hear what we were saying, her eyes or eyebrow would twitch when she heard a voice or music. Later that day, mum passed away as she had wanted; at home, in her own room, surrounded by her family.

The Dr Kershaw's Team were truly amazing and we will never forget how they made us feel, their support meant that we no longer needed to provide care for mum, but instead we could spend the time she had left by her side. We were never made to feel guilty and we will be forever grateful for that.

Our mum was a very smart and proud woman and the staff at Dr Kershaw's ensured she kept her dignity to the end. The staff never felt intrusive, yet were present when we needed them even after her passing. We could not have asked for more."



Help someone like Brenda to have precious time at home with their loved ones, by making a donation to support hospice care, visit: www.drkh.org.uk/donate

Celebrate Your Loved Ones with a Rose to Remember



Rose to Remember gives you the chance to honour the life and memory of someone special by purchasing a beautiful, metal, yellow rose. Every rose has been specially crafted with care for the Hospice by GJ Engineering Group of Royton. The rose measures around 6cm in diameter and 30cm in height, enabling them to be planted in our garden to create a blanket of yellow; in remembrance and celebration of your loved ones. Money raised from all dedicated roses – which cost £10 each – will contribute towards funding the vital care of our patients and their families here at Dr Kershaw's Hospice.

Your dedicated rose donation will make a difference to the patients in our care - what a wonderful gift.

"The rose is a flower associated with spirituality—the balance of soft petals and the little thorns shows the balance of light and dark in life; It signifies promise and new beginnings, and has been used as a token of love—the many types of love—throughout many cultures and spiritual practices. Yellow roses represent a loved one who has passed that we were close to and will always remember."







ROSE TO REMEMBER EVENT

Sunday 2nd July, (11.30am-2pm)

An exclusive viewing of the roses will take place at Dr Kershaw's Hospice on Sunday 2nd July from 11.30am to 2pm, where a short celebrant service will take place in celebration of your loved ones.

Supporters will then be able to collect their rose to take home for their own gardens. On the day, you will also have the opportunity to enjoy performances from Dr Kershaw's Hospice Choir, to indulge in tea and cake from Café K, browse through a small selection of Hospice stalls, and for our younger supporters games will be available in

our beautiful gardens. Members of Dr Kershaw's staff and our Bereavement Support Team will also be on hand to talk with visitors and share stories of those we have lost.

If you are unable to attend the event or are unable to call into the Hospice to collect your rose, we will mail your rose out to you for a small additional charge of £5 per rose to cover postage and packaging.

Please note: all roses will be posted after the event on 2nd July.



Order your Rose to Remember at www.drkh.org.uk/rosetoremember or contact our Fundraising Team on 0161 624 9984

Length of Service Awards

In April, we launched our Length of Service Awards for our amazing team of volunteers. We were lucky enough to secure some funding from Action Together, which enabled us to thank our long serving volunteers for their incredible contribution to Dr Kershaw's. We presented all of the Awards in April, with volunteers receiving a letter of thanks and different coloured pin badges, which they can now wear proudly on their volunteer lanyards, to celebrate their terms of 5, 10, 15 and even 20 years supporting Dr Kershaw's Hospice...

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Volunteers are such an integral part of our team, making up around three quarters of our workforce. We can never thank them enough for their dedication and commitment to Dr Kershaw's, but it has been wonderful to be able to award these small tokens of our gratitude. Next time you are at the Hospice or in one of our retail settings, keep your eyes peeled for one of our long-serving volunteers.

Leanne Gurney, Volunteer Coordinator



To sign up as a Volunteer for Dr Kershaw's Hospice, contact our Volunteering Team on 0161 624 2727 or volunteerdept@drkh.org.uk or apply online:

www.drkh.org.uk/volunteer

60 Seconds with... HR Manager, Mandi Halton





Mandi started at the Hospice in September 2020 in the midst of the pandemic. Her role in HR sees her liaising with every department and leading on the recruitment of new staff across the Hospice...

Why did you apply to work at Dr Kershaw's?

I was looking for a new HR role and have always had a desire to work in healthcare again, since beginning my Nurse training many years ago. I was also intrigued by the name of the Hospice, which caught my eye, as I don't live locally so didn't know about Dr Kershaw's.

Where did you work before Dr Kershaw's?

I've been in HR and training for over 30 years, and for the last 20 years had my own HR Consultancy, gaining work through recommendations and referrals, delivering training events and HR services to public and private companies and organisations across the country. Before that, I had worked full-time in HR for Christian Salvesen distribution, British Rail, Perry's Motor Sales Ltd and an HR Consultancy called Benson Payne.

Give us an overview of your role?

I love my role here at the Hospice. I love that every day is different, and you never quite know what the day will bring and I love people! People are vital to make any organisation function well. I interact with staff from the very beginning of their journey – from being interested and applying to working for us, right through to them leaving and moving onwards. So; advertising, recruitment processes, interviews, induction, job descriptions, development and organisational training, holidays, parental leave and absence management, updating and monitoring appraisal processes, policy and procedure writing, payroll and queries, and keeping lots of relevant

HR records! The well-being and emotional resilience of our staff is also vital and supporting this is a big part of my role. All of my role is embedded with best practice and connected to employment legislation, which is forever changing and which I do my best to keep up-to-date with.

What are the rewards of your role?

I see the staff and volunteers at the Hospice as a small 'community' and my role is to help them, where I can, and get to know them, in their many and varied roles, to support our wider and larger community. I try to support and help our staff to resolve their queries and give advice when asked, to help ensure staff are as happy as they can be in their work at the Hospice. I always try to do my best to help support our Senior Managers to make the best people decisions for the Hospice, and as a result help our patients, which is the most important thing. Whilst I am not directly patient facing, I hope what I do, supports the staff who are, and also those like myself who aren't. I feel privileged and proud to work at the Hospice, with our staff, and I also feel very lucky to be well supported by my Line Manager and my HR Admin Assistant - both of which helps massively in my doing the best job I can. I can honestly say there has never been a day I have not wanted to come to work!

What is your favourite thing about working at the Hospice?

The people, and the fact that it is a fabulous caring and happy place to be able to spend time in every day.

To work in a caring environment like Mandi, why not check out our latest Hospice vacancies? Visit www.drkh.org.uk/jobs

Summer Fayre Sunday 30th July, 12pm-4pm

Dr Kershaw's Hospice

Our Summer Fayre has returned!

Come and join us at the Hospice for a family-friendly day of fun that's jam packed with exciting activities including food and craft stalls, music, face-painting and a bouncy castle! Plus, you'll be able to meet our new Hospice Mascot, Hartley!

For more information visit: www.drkh.org.uk/summerfayre

SPONSORED BY:





Golf Day

Friday 15th September, 8.30am-6.30pm

Crompton & Royton Golf Club Join us for an action-packed day of golf!

Those who sign up to our Golf Day can enjoy 18-holes of competitive golf at Crompton and Royton Golf Club, with each team competing to be crowned the 2023 Dr Kershaw's Cup Champions. The day includes breakfast and an evening buffet, along with a raffle, golf challenges and awards presentation.

For more information visit: www.drkh.org.uk/golfday



Luxury Vintage Train & Fireworks Gala Dinner

Saturday 4th November (Times Approx: 6pm-11pm)

£395 PER PERSON

Departing Manchester Victoria

For a super way to finish the year why not treat yourselves to a vintage train experience on the Northern Belle? Ornate wooden panelled carriages await with a Champagne reception and gala dinner with wine. Heading up the North West Coast to Morecambe Bay where we will stop on the Arnside Viaduct for a fireworks display. The stewards will care for your every need with a red carpet welcome, sumptuous cuisine and elegant tables with sparkling glassware and specially commissioned crockery. Fine dining and rocketing on the rails!

A percentage of each ticket sale will support patient care at Dr Kershaw's Hospice. Initial deposit of £75 per person required.

For more information visit: www.drkh.org.uk/northernbelle









Christmas Fayre

Sunday 19th November, 12pm-3pm

Dr Kershaw's Hospice

Enjoy a festive afternoon at our annual Christmas Fayre!

Join us for a festive afternoon where you'll be able to scoop up an array of Christmas gifts for your loved ones whilst supporting patient care at our Hospice. With our amazing Santa's Grotto for the children and festive gin cocktails for the grown-ups, it will be a date not to be missed.

Stalls will be available to hire on the day for £35. Reserve your stall from 1st August 2023.

For more information visit: www.drkh.org.uk/christmasfayre





Christmas Concert Thursday 14th December, 6pm

Oldham Parish Church

Join us for a night of carols to get in the festive mood!

Our Christmas Concert takes place every December at Oldham Parish Church. Get in the festive mood with readings and carols, and choir performances including Dr Kershaw's Hospice Choir.

For more information visit: www.drkh.org.uk/christmasconcert



We Couldn't Do It Without You!

Thank you to all our fantastic supporters for their amazing fundraising...



The Colliers Arms in Chadderton held a fundraising day with a 'brave the shave' event. Three inspirational people Natalie, Mark, and Stuart, had their heads shaved publicly at the pub. Landlady Helena was hoping to reach her target of £1,000 but instead raised an astounding £2,652.86!

Jayne Barnes School of Dance recently put on a dance showcase and raised over £1,100 for the Hospice! It was a wonderful show, full of creativity and talented young performers. Thank you to teachers Jayne and Rachel, who also trained some of our Strictly dancers.





The School Council at Bare Trees Primary School voted to invite Dr Kershaw's to their assembly, where Jill, our Community Fundraiser, read a story to all the children. It was a nonuniform day to remember, with the children raising an incredible £424.28 for the Hospice.



In September last year, Dan Gilbert headed over to France to climb the mighty Mont Blanc, the tallest mountain in Western Europe. Dan and his team rose to the challenge, defeating the mountain and raising £1.945!



Mr & Mrs Birds from Oldham Camera Club recently visited the Hospice to see first-hand how the camera club's wonderful donation of £550 would make a difference to our patients.

It was roar-some family fun at the recent Dino Dash, brainchild of Cllr Louie Hamblett, Chair of Shaw & Crompton Parish Council which raised £100 for our Hospice. We are delighted to have been chosen as one of his three chosen charities for the year.





Mike Ward and close friends decided to form a cycling team to train and take on three cycling challenges with each one increasing in difficultly, naming their feat; Elsie's Forever in Red Trilogy Challenge,

after Mike's mum, Elsie received care from our Hospice. Their first event in April saw them take on The Tour De Manc, and with their next two events in the planning, their fundraising is almost at £2,000 already.



Rachel and Steve Finn set themselves the challenge of running 150 miles and raising £500 in January in memory of Rachel's cousin, Martin, who sadly died at the Hospice last year. They smashed through both their targets, running 207 miles and raising a phenomenal £2,540 for the Hospice!



Roger, Jill, Janet (and Mack the dog) wanted to thank our nurses for the love and care shown to their mum Nancy, and after noticing how our busy staff had to share a microwave during breaks, they arrived at the Hospice with a brand-new microwave!



Jill Kirkham Community Engagement Lead



For more information on fundraising for Dr Kershaw's Hospice, contact our Community Fundraising Team on 0161 624 9984 or fundraising@drkh.org.uk

Our 2023 Challenges



YORKSHIRE **EXPLORE THE OUTDOORS**

Saturday 8th July



TANDEM SKYDIVE

Sunday 10th September (Closing date 18/07/23)



FIREWALK THE FEAR Saturday 14th October



COASTEERING

TAKE TO THE **WAVES**

Saturday 19th August



THANK YOU TO OUR SADDLEWORTH THREE PEAKS WALKERS

On Saturday 14th May, our incredible team of walkers conquered the 15-mile Saddleworth Three Peaks. You did amazing on the day, raising much-needed funds for our Hospice, well done!

To find out more or to take up your challenge visit www.drkh.org.uk/challenges



Plus, we also have places at the Oldham Halloween Half Marathon

GET YOUR PULSE RACING

Saturday 29th October

To find out more, contact our Fundraising Team on 0161 624 9984 or fundraising@drkh.org.uk





Your Festive Fundraisers





Reindeer Run

Organise your own sponsored Reindeer Run on a day and in the way that you want to. It's the perfect festive fun for children and adults to get involved in. Ideal for schools, clubs and groups or friends and families, you will receive a free reindeer antler headband for each child taking part with a supporting fundraising pack.



Swap Cards for Care

Share festive greetings with colleagues and friends this year by giving a donation instead of sending each other Christmas Cards. You will receive a poster to pin up with a Dr Kershaw's collecting pot and stickers. Just write your Christmas message on the poster, make your donation and wear your Cards for Care sticker with pride.



Jolly Jumper

Choose the date of your Jolly Jumper Day, tell us you are taking part, invite everyone you would like to join in, at home, work or school, and ask them to give you a donation to pass on to Dr Kershaw's. We will provide everything you need to deliver your Jolly Jumper Day.

To take part in one or more of our festive fundraisers, visit: www.drkh.org.uk/festivefundraisers

Bunny Hop

During Easter, we hopped around Oldham visiting a lot of nurseries and schools who took part in our Bunny Hop.

We had over 700 children hopping all over the place, raising funds for Dr Kershaw's. We have seen the Easter Bunny, held egg and spoon races, watched the little ones taking part in assault courses, and of course many staff took part as well, not to forget one little girl's grandad who had a hopping time!

Here are just a few Bunny Hop highlights...

Kidz Matter sprung into step with a bunny themed assault course for their Bunny Hop, raising £461.



What a lovely greeting from the pupils and Reception class staff at Hollinwood Academy, who hopped into Spring raising £118.





Ambrose Nursery held their first ever Bunny Hop and decided to combine this with their very own assault course, raising £689.52 for the Hospice.



Thorp Primary School hopped into action with every year group taking part in their own sponsored Bunny Hop, with an incredible £407.85 raised for our Hospice.

Brooklands Private Day Nursery held its very first Bunny Hop for the Hospice, which included an egg and spoon race and a special visit from the Easter Bunny! A small nursery with the biggest heart, raising over £500.



Mighty Manchester Runners

Congratulations to our marathon runners, Angela, Harry, Liam and Wesley Henshaw who ran the Manchester Marathon on Sunday 16th April, raising £2,030. Thank you and well done to all 16 of our fantastic fundraisers who completed the Great Manchester Run on Sunday 21st May, raising almost £10,000 for our Hospice.





Jill Kirkham Community Engagement Lead



For more information on fundraising for Dr Kershaw's Hospice, contact our Community Fundraising Team on 0161 624 9984 or fundraising@drkh.org.uk

Strictly

Strictly Dance Highlights

Friday 17th March saw Dr Kershaw's partner up with Willow Wood Hospice, to bring our very own version of Strictly Come Dancing to the Queen Elizabeth Hall, with this year's theme celebrating the 'Best of British' to mark the Coronation of the King.

Dr Kershaw's and Willow Wood Hospices' dancers had been training for many weeks to perfect their dance moves in a bid to be crowned the Strictly Dance 2023 Winners and be presented with the coveted glitterball trophy. Each dance couple took to the dance floor to showcase their moves, whilst also raising an incredible amount of money for their local Hospice. Check out some of the highlights of the evening below...



This event couldn't have taken place without support from...

Our dancers, our hosts, our judges, Accent Dance Company, Angela's Dance Club, Jayne Barnes Dance, New Image PR, C&C Catering, Chair Covers by Ruth, Northern Belle, Boundary Arts Centre, Manchester United Football Club, Charles Powell, Frank & Judith Rothwell, REACH, Jen Grace, Ken Rowlatt, Cadent, Mirriam Lawton, Timpson's, Dr Kershaw's Hospice Volunteers and Willow Wood Hospice Volunteers.

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I am so proud of each and every one of our dancers, they worked incredibly hard to learn their dance moves and put in so much extra work to raise as much funds as possible, which will enable us to support and care for our patients when they need our help the most. The event was incredible, the 'Best of British' themed room looked amazing as did our spectacularly dressed dancers! It was definitely a night to remember, and I am so thrilled with the amount raised for our Hospice.

Eleanor Sloan, Dr Kershaw's Strictly Dance Event Organiser

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To sign up as a dancer for Strictly Kershaw's 2024, taking place on Friday 15th March contact our Fundraising Team on 0161 624 9984 or fundraising@drkh.org.uk

It was Transformative to Receive Such Uplifting Support

Frank Dunbar's wife, Terri, was diagnosed with Parkinson's in 2017, before later receiving the diagnosis of Multiple System Atrophy (MSA). When Dr Kershaw's Hospice at Home and Caring Hands Teams started to support Terri in her final weeks, Frank, who had been her main carer throughout her illness, found the Hospice's Community Services to be transformative, giving him the strength to return to being by Terri's side as her husband, rather than her carer before she sadly passed away at the age of 70 on 23rd August 2021...

"Terri and I had been married for almost 50 years, and had two children, Sarah and Matthew. Sarah is a Senior Lecturer at Salford University and has a son, Thomas. Matthew is a Graphic Designer in London and has a son, Frankie. I met Terri whilst we were at school in Tottenham, London, when we were aged only 17 and 18.

Prior to her illness, Terri had a successful career, initially starting as a Primary School Teacher, then moving into Logistics Management for the NHS and various other companies before retraining as a Nurse, eventually becoming Head of Continence Services.

Following our retirement, we made the move from London to Saddleworth, making the bold step to retire on the Thursday and relocate on the Friday! From our new home in Saddleworth, myself and Terri both signed up to volunteer at The Royal Oldham Hospital, serving refreshments to the patients and we did this for almost four years.

Terri's hobbies included aerobics, swimming and walking and we were even members of the National Trust. She also loved the theatre and regularly took our grandson, Thomas. Terri had a wonderful sense of humour, she never complained and had a very positive view of life. She remained laughing and smiling until the very end.

Terri had been diagnosed with Osteoporosis quite a few years

ago, but in 2017 was sadly diagnosed with Parkinson's Disease. She was initially given standard medication for Parkinson's but her illness deteriorated quite rapidly, resulting in her hitting her head several times and even breaking her pelvis. She was then diagnosed with Multiple System Atrophy (MSA). Her speech started to become affected, her handwriting illegible and eventually Terri was no longer able to feed herself.

Whilst Terri was able, she attended a weekly Parkinson's Group based in Oldham. As Terri's condition deteriorated, the group were very helpful in assisting us to find the right equipment to be used at home, including an air bed, a rise and decline chair, and a stair lift.

Since Terri's diagnosis, I had always been her main carer, but as her health deteriorated it became more and more challenging to provide the support and care that Terri needed. We were referred to the Dr Kershaw's Community Team and for the two weeks before Terri sadly died, the Caring Hands and Hospice at Home Teams came in and helped us, I can truly say that their

support was both transformative and uplifting.

From the first day that they entered our home, the team were absolutely fantastic! I stopped being Terri's carer and started being her husband again. The Hospice Team were proactive and a delightful set of people who, at all times, handled Terri in a very dignified and uplifting manner.

Every member of the team was kind, thoughtful, and compassionate and provided such wonderful support for my wife. Every day they brought with them compassion mixed with efficiency, a perfect combination.

During a time when your emotions and physical reserves are at a low, it was transformative

to receive such uplifting support. To feel that someone else who was so experienced and so kind was taking the reins, changed my view of the world and gave me the strength to spend time as Terri's husband rather than her carer during her final days.

My sincere and heartfelt thanks to the teams at Dr Kershaw's Hospice."

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Every day they brought with them compassion mixed with efficiency, a perfect combination.

The Hospice Team were proactive and a delightful set of people who, at all times, handled Terri in a very dignified and uplifting manner.



To find out more about our clinical services and the support our team can provide to families in the community, visit: www.drkh.org.uk

Supporting the Well-being of Dr Kershaw's Staff

We recently held a Well-Being Week at the Hospice, to help our team focus on self-care and well-being. Volunteers gave their time to ensure members of staff had access to a variety of complementary therapy treatments, ranging from hot stone massages to facials and Indian head massages. There was also the opportunity for staff to mix across departments, with lovely treats to eat made by our Catering Team and a flower crown making workshop.



Mandi Halton, Hospice HR Manager said: "Our Spring well-being week continued to support staff, as a part of our Well-being Strategy which focuses on a toolkit of activities. Our regular well-being weeks, demonstrate to current and future staff that the culture of the Hospice is as healthy as its people."

Anne Thornton Opens Relatives' Rooms

On April 5th, Anne Thornton, the wife of a former patient, Bob Thornton, was invited to the Hospice to officially cut the ribbon and open our two new state-of-the-art relatives' rooms, after Anne raised almost £30K to furnish each of the rooms

Anne began fundraising after her husband, Bob, sadly passed away at the Hospice. With her friends and family, Anne formed 'Team Bobbles' and held northern soul nights, fashion shows, quiz nights and even took part in a colour run!

Anne said: "Dr Kershaw's is a special place for me because of the memories I have of me and my husband. It was emotional returning and seeing the people who looked after him.



To have two guest rooms in Bob's memory is so special, the rooms are so lovely and so much better than I had imagined. I had to sleep in a chair next to Bob when he was in the Hospice, and these rooms will give relatives the chance to stay close to their loved ones, taking turns rather than having to stay at local B&Bs or hotels. The rooms even have beautiful en suite bathroom facilities!

I have great memories of fundraising with 'Team Bobbles', none of this would have been possible without all the help and support from my amazing friends and family who have helped me along my fundraising journey."

Thank you to Anne for her dedicated support, in enabling us to furnish our relatives' rooms!



Celebrating National Days

During the month of May, our team took part in a number of activities across the Hospice to celebrate a variety of national days. We also used our social media channels to share messages with our supporters about each of the initiatives we were supporting...

6th May: The Coronation

Our flags were out for all to see, as our team celebrated the momentous occasion of the King's Coronation; by donning red, white, and blue during the week preceding, followed by a Coronation Party for our patients and their families on the actual day of the event.



Dying Matters. Anternsul Wint

8th-14th May: Dying Matters Awareness Week

With this year's theme being 'Dying Matters at Work' we took to our social channels to highlight how we support our own team and to direct those who need support to useful websites. If dying matters, then it matters at work too.

12th May: International Nurses Day

We celebrated our incredible team of nurses, recognising all that they do to support and care for patients and their loved ones, with a heartfelt thank you! Lindsey Harper, Hospice Director of Clinical Services said: "International Nurses Day marks the contribution that nurses make to society, and is a global tribute to nurses' selfless service. I am extremely proud of each and every one of our nurses and the outstanding care they continue to give our patients."



Feel like I'm with friends even though we've just met. It's such a beautiful atmosphere. Enjoyable, sociable experience. A wealth of information and

Amazing. He is so comfortable and relaxed! I've been able to share my experiences with others who are supporting a relative.

It's friendly and accommodating

Feedback from Service Users of Our Dementia Hub

15th-22nd May: Dementia Action Week

This Dementia Action Week, we took to our social media channels to offer useful advice and to signpost people to our new Dementia Hub based in our Well-Being Centre, sharing feedback from individuals who have already visited our Hub and how much it has supported them.

Our New Training Prospectus is Launched!

We are delighted to launch our new Training Prospectus, offering training sessions for employees external to the Hospice, enabling us to promote best practice and high quality palliative and end-of-life care to the wider community. Our prospectus includes a range of short courses and workshops designed to meet each individual's development needs, both personal and professional. Our courses and workshops are open to a wide range of healthcare professionals and students, and we are happy to tailor training to meet your needs. For more information visit: www.drkh.org.uk/training



Fabulous Fashion Show Fundraiser a Success



Back in March, Dr Kershaw's Hospice held a Ladies Fashion Show fundraiser and pop-up shop in partnership with Colours Fashion at St Herbert's Parish Centre on Broadway, Chadderton.

Over 100 local fashionistas attended to check out the latest styles from leading high street fashion brands such as M&S, Next, H&M, Dorothy Perkins, River Island and New Look.

Jill Kirkham, Hospice Community Engagement Lead said: "What a great evening, thank you to the wonderful ladies who attended. It was our first fashion show since lockdown and it was definitely a shop till you drop kind of evening! We cannot thank everybody enough for their generosity, we hope you all managed to pick up a few bargains to brighten up your wardrobes."

Hospice Receives Co-op Local Community Fund Donation

We were delighted to have been chosen once again by Royton based Co-op to

CO It's what we do

be one of their Local Community Fund charities for the current year.
Until October, Co-op members can help to support
bereavement groups and the provision of a Complementary
Therapist at the Hospice. The groups will address feelings
of grief, stress, and anxiety; helping to promote well-being
and quality of life.

Co-op shoppers who sign up as Co-op members can select Dr Kershaw's as their local cause. For every £1 customers spend on selected Co-op branded products, 2p goes towards the Community Fund, and 2p to the customer to spend when they shop.

In 2022, Co-op members who selected Dr Kershaw's as their local cause supported the Hospice by raising an incredible £3,354.91!

To sign up as a new Co-op member visit: membership.coop.co.uk/new-registration and to make Dr Kershaw's your chosen charity visit: membership.coop.co.uk/causes/71095



Dr Kershaw's Launches The 1989 Club for Businesses!

We are proud to announce that we have launched The 1989 Club, a brand new club rewarding businesses that enrol into a Corporate Partnership with Dr Kershaw's...

Membership of the club runs consecutively over a 3-year period, with three types of membership levels available; Business, Premier and Executive. Businesses are rewarded based on the amount of funds they are able to raise over the 3-year period, and the partnership includes a package of benefits for each business, depending on the membership level they are entering at, such as PR and marketing activities; digital communications; free networking opportunities; access to our new Business Centre; and reduced rates at events. Each member of The 1989 Club will receive a bespoke plaque to display in their business premises, with a corresponding plaque to be displayed in the Hospice, and will, most importantly, be supporting vital care for patients at Dr Kershaw's Hospice now and in years to come.

The Founding Members of the 1989 Club:





Ribble Packaging



Pilgrim International



Olympic Construction BUSINESS MEMBER

To find out more or to sign up as a member of The 1989 Club, visit www.drkh.org.uk/corporatepartnerships or contact our Fundraising Team at fundraising@drkh.org.uk or 0161 624 9984

Introducing

THE BUSINESS CENTRE

A space for all your business needs PLAN, PREPARE, PRESENT!



AVAILABLE: PRIVATE HIRE OFFICES, BOARD ROOM & THERAPY ROOM

Email: TheBusinessCentre@drkh.org.uk Tel: 0161 510 0450 www.drkh.org.uk/TheBusinessCentre

Mon - Fri: 9am - 4.30pm

Tariffs available upon request

Our Relaunched Well-Being Centre

Towards the end of last year, we relaunched our Well-Being Centre services after they had been closed to the community since the start of the pandemic. It is great to see our Well-Being Centre returning to the vibrant environment that it used to be, as many people who accessed the services pre-Covid benefited massively from the activities and group interactions...

What is Dr Kershaw's Well-Being Centre?

Our Well-Being Centre offers supportive groups for people living with life-limiting illnesses, with sessions for families and carers also. Our focus is about well-being, our environment is welcoming and the groups we offer enable those who attend to share experiences and connect with others on similar journeys.



What Sessions are on Offer at the Well-Being Centre?

Our Well-Being Centre is continuing to develop, but current sessions include:

Men's Group

A group for men living with and affected by life-limiting illnesses, that meets fortnightly for a 90-minute peer-lead session, followed by an informal and relaxed lunch together in Café K. The group is an opportunity to connect with others who have a shared understanding of what you may be experiencing, and offers support, guidance, friendship and camaraderie.



Social Group

This is a fortnightly drop-in group meeting every other Thursday, 10am – 1pm, and is an opportunity for anyone with any connection to the Hospice to come together, make friends, form connections, enjoy a brew and be part of a relaxed social group.



Bereavement Support Groups

We have various Bereavement Support Groups that run throughout the year. These are closed groups that allow for connection and trust to be built in a safe and supportive setting. Our Bereavement Support Groups offer peer and professional support and guidance while you navigate your loss. We welcome laughter, tears, honesty, understanding and friendship. These groups are open to bereaved families and friends of patients on our Caring Hands, Hospice at Home, and In-Patient Unit Hospice services.



Dementia Hub in Collaboration with Oldham Memory Assessment Service

Our Dementia Hub runs every Wednesday, 10am – 1pm, and provides a drop-in service for anyone living with dementia, or for those supporting someone who is. This drop-in hub offers support from nursing staff at Dr Kershaw's Hospice and Oldham Memory Assessment Team, as well as well-being support, help with planning for the future, and support over time as your needs change.



The Nightbird Project

This is a creative well-being project for people living with or affected by a serious illness. The Nightbird Project brings people together to share experiences and the important stories of our lives. This creative well-being project celebrates life-full-ness, joy, making friends, listening and being heard. We will be inviting new participants to The Nightbird Project early next year.



Coming Soon in Our Well-Being Centre...
Well-being Walks and a Craft & Complementary Therapy Group



To find out more about our Well-Being Centre services email: drkh.wellbeing@nhs.net, or contact our Well-Being Centre Team on 0161 624 2727

Valentine's Day Treat for Hospice's Men's Group

Back in February, we treated our Well-Being
Centre's Men's Group to their very own Valentine's
Spa Day. The Men's Group, exclusively for men
living with life-limiting illnesses, provides an
opportunity to meet up regularly, spend time with
those who have similar experiences, as well as
offering peer-led support...

The group enjoyed expert treatments from our Complementary Therapist, Rosie Kenworthy, along with Hospice volunteer, Sue Bradbury.

Lisa Hoctor, Hospice Counsellor, and Co-Facilitator of the group said: "The men had an absolutely delightful experience on their Valentine's Spa Day, they were keen to express how beneficial it had been for them."

Comments from the men in the group included: "It's been a lovely, relaxing experience"; "It felt really peaceful"; "The Men's Group has opened the gates to other things at Dr Kershaw's"; and "It's been nice to try something new which I haven't tried before."









High Tea Celebration for the Continuation of Dr Kershaw's Men's Group

Our Men's Group continued their indulgencies with a special High Tea, in celebration of the planned continuation of the group due to its success...

Lisa Hoctor, Hospice Counsellor said: "Our fabulous High Tea celebration was a way of marking a significant milestone in our group. Originally, the Men's Group was planned to finish in April, take a pause, and then re-start with entirely new members for another block of 12 sessions. However, the group has established such a lovely and caring dynamic that it makes more sense to keep this original group going, and continue

to welcome new members throughout the year to access this ongoing resource of peer-support and understanding.

It's a privilege for me to get to co-facilitate the Men's Group with our volunteer, Eddie, and our High Tea was a wonderful afternoon celebrating the continuation of the group."



Well-Being Centre Gave Mum a New Lease of Life

Heidi's mum, Marlene, came to the Well-Being Centre back in 2018 after being diagnosed with COPD and emphysema. Heidi has shared with us how the Well-Being Centre supported her mum during what was a difficult time for them all...

"Mum had two daughters, myself and Dawn and two son-in-laws, Tony and Matt, five grandchildren, Kayleigh, Christopher, James, Jake and Samuel and two great grandchildren, Zak and Harlo Reign. When mum was first diagnosed it hit us as a family hard, we talked to her about rehabilitation and getting out to meet new people to take her mind off it all. We came to Dr Kershaw's Well-Being Centre for a visit and mum decided she'd give it a try.

There was so much for mum to get involved with; painting, drawing, pamper days, meeting new people, sometimes just lunch and a chat with friends.

Mum met some amazing people and couldn't praise the nursing staff enough, everyone was very friendly and our mum lived for her days at the Well-Being Centre.

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Mum always said the Centre was giving her a new lease of life and we truly believe it did.

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Mum met some amazing people and lived for her days at the Well-Being Centre. Marlene with her daughters

Mum always said she'd never ever painted in her life before coming to the Centre, then found a hobby. She was published

in the Dr Kershaw's newsletter and even started painting at home with family members, making precious memories.

Mum always said the Centre was giving her a new lease of life and we truly believe it did. Dr Kershaw's will always be close to our family for the outstanding service they provided to mum. We will always be very thankful for the care our mum received from the Hospice, nothing was ever too much to ask from the staff, even if it was sometimes just a cup of tea and a little chat, it always went a long way and made our mum and family very happy."

Sadly, Marlene passed away in hospital on 20th February 2021. Her family decided to give back to the Hospice by asking for donations at Marlene's funeral as well as donating her art supplies to support more people using the Well-Being Centre services in future years.

You can make a donation to support more patients like Marlene to access our Well-Being Centre services, just visit: www.drkh.org.uk/donate

New Look Shaw Shop Opens After Renovation

Our Shaw shop has reopened with a modern new look following a renovation by shop volunteers and Hospice staff.

The team have done everything in a cost saving way, doing their own painting and wallpapering, with furniture from the Hospice's very own Furniture Hub.

Stephen Brookes, Hospice Head of Retail said: "We've received some really nice feedback and everyone loves the new look! I would like to say a huge thanks to the volunteers, and our Shaw shop staff for making the shop look and feel fabulous. All of our shops have had a recent refurbishment now and they all look smashing!"

If you want to take a look around the shop or donate items, visit: Dr Kershaw's Hospice Shaw Shop, 50-52 Market Street, Shaw, Oldham, OL2 8NH. Mon - Sat: 9.30am - 4.30pm.



Our Shops Get a New Spring Look

Local window artist, Charlotte Rigby, freshened up our Furniture Hub windows in March with some beautiful Spring flower art. Thanks to Charlotte, the windows of our four Hospice shops and the Reflection Room at our Hospice now also have a beautiful hand painted, yellow rose to celebrate our Rose to Remember initiative.



Upcycling & Craft Sale at The Furniture Hub



On Saturday 25th March our Furniture Hub hosted an upcycling and craft sale, featuring an Alfie's Attic Upcycling Workshop. Alfie's Attic are a local company that reclaim, renovate, and re-purpose furniture, and work closely with Dr Kershaw's Furniture Hub. They provided a detailed demonstration on how to upcycle items, using one of the Hub's pieces of furniture, and offered advice to customers on their own home

projects. They were joined at The Hub by our very own Kershaw's Krafties, who were selling their beautiful handmade goods.

Follow The Furniture Hub on Facebook: **@FurnitureHubDrKH** to find beautiful upcycled pieces for your own home; like the recently restored vintage writing bureau that Catherine from Alfie's Attic lovingly restored and donated to Dr Kershaw's to sell.



Christmas Merchandise

Dr Kershaw's Diaries



Dr Kershaw's Calendars



Dr Kershaw's Christmas Cards



Our new 2024 calendars and diaries, plus our Christmas cards, will be available in October!

To buy your Christmas goodies from October, visit one of our Hospice shops, our Hospice Reception, place an order through our Christmas brochure or shop online at www.drkh.org.uk/funds

Dr Kershaw's Gin

Made especially for our Hospice by the award-winning Defiance Gin Distillery, our Dr Kershaw's Gin, 1989, is a classic London Dry Gin, offering a specially crafted botanical flavour profile making it the perfect Christmas present for gin lovers. 1989 is available to purchase online (collection from the Hospice) at: www.drkh.org.uk/funds or from our Hospice reception. Just drop in or call 0161 624 2727 to reserve your bottle.

*Collection only with ID, 18+



Royton Shop Support Local Theatre

Our Royton Shop recently had the pleasure of supporting two local theatre groups with costumes and props. Shop staff and volunteers were visited by actors from Royton's Broom Cupboard Theatre who were looking for 1940's style costumes for their performances of 'Blithe Spirit'. The actors left fully kitted out with gowns, coats, scarves and shoes, all at a fraction of the usual cost.

Jane Eley, Royton Shop Manager said: "I know how hard and costly it can be to source props and wardrobe, so we were delighted to help out!"





Join Us to Celebrate the **20th Anniversary of Our Hospice Lottery!**

Win £20,000 worth of prizes with the STAR PRIZE of a luxury cruise!



** 🖈 20TH ANNIVERSARY DRAW TOP PRIZES 🌟



STAR PRIZE

£10,000 Luxury Cruise

plus £1,000 bundle, return rail tickets to London, overnight stay and spends

SECOND PRIZE

£5.000

THIRD PRIZE

£1,500

This year marks the 20th Anniversary of our Hospice Lottery, and to celebrate with our community we are running an extra special Draw offering £20,000 worth of incredible prizes! All funds raised go directly to Dr Kershaw's Hospice and each ticket purchased will contribute to providing vital care and support for our patients and their loved ones, giving you a chance to win and a way to care!

We are thrilled to announce our STAR prize, of a £10,000 Luxury Nordic Cruise generously donated to our Hospice, with the help and support of Freedom Travel. This prize also includes return rail travel to London, with an overnight stay prior to boarding kindly donated by Freedom Travel, 54 High Street, Uppermill and £500 spending money. The winner of this fantastic prize will be departing from London Tilbury Docks on the Northern Lights Expedition Cruise on 11th November 2023 travelling up to Tromso in the Arctic Circle. This 15-day getaway is for two people and will see our lucky winner and their guest cruising along Norwegian Fjords, visiting charming towns and cities, exploring up close and in comfort aboard MS Maud. All meals and meal-time beverages are included in the prize, as well as escorted expeditions along the way. For more information and for full Terms and Conditions on this amazing prize, please visit: www.drkh.org.uk/Lottery20

If our STAR prize doesn't float your boat, why not give yourself a chance to be the lucky winner of one of 9 additional CASH prizes ranging from £5,000 to £50!

Hospice Lottery has contributed £5 million to patient care over the last 20 years!



We are thrilled to be able to offer you the chance to win such incredible prizes in our 20th Anniversary Draw! Thank you for your support; now, over the past 20 years and in the future, it really does mean so much!

Joanne Penketh, Hospice Head of Lottery & Donor Stewardship

WIN even more prizes in our 20th **Anniversary Draw**

FOURTH PRIZE	£1,000
FIFTH PRIZE	£500
SIXTH PRIZE	£400
SEVENTH PRIZE	£300
EIGHTH PRIZE	£150
NINTH PRIZE	£100
TENTH PRIZE	£50

Your £20 could help support a patient's breathing by providing vital oxygen

Your £30 could help someone grieving for a loved one through bereavement counselling

Your £40 could pay for 1 hour of nursing care for a patient on our **In-Patient Unit**



please contact our Lottery Team on Tel: 0161 624 9213 or Email: lottery@drkh.org.uk Full Terms and Conditions are available at www.drkh.org.uk/Lottery20 You have to be in it to win it!



MAKE A WILL MAKE A DIFFERENCE

Throughout November, selected solicitors are offering to help you write your Will, giving their expertise completely free of charge, asking instead that you make a difference towards patient care.

To find a participating solicitor or to find out more visit: www.drkh.org.uk/WillMonth or call our Fundraising Team on 0161 624 9984.

Shops Directory

Lees Hospice Shop

99 High Street, Lees, Oldham, OL4 4LY Tel: 0161 628 7100 Mon – Sat. 9.30am – 4

Shaw Hospice Shop

50-52 Market Street, Shaw, Oldham, OL2 8NH Tel: 01706 290973 Mon – Sat. 9.30am – 4.30pm

Royton Hospice Shop

Unit 14 Market Square, Royton Oldham, OL2 5QD Tel: 0161 652 8707 Mon – Sat, 9.30am – 4.30pm

The Furniture Hub

Neo House, Shaw Road Oldham, OL1 4AW Tel: 0161 510 0102 Facebook: @FurnitureHubDrKH Email: furniture@drkh.org.uk Mon = Sat. 9am = 5pm

The Business Centre

Neo House, Shaw Road
Oldham, OL1 4AW
Tel: 0161 510 0450
Email: TheBusinessCentre@drkh.org.uk
Mon - Fri: 9am - 4.30pm
www.drkh.org.uk/TheBusinessCentre

Contact Details

For general enquiries, patient information, volunteering, Friends of the Hospice:
Tel: 0161 624 2727
Fax: 0161 628 0181

Well-Being Centre: 0161 785 5625 Macmillan Nurses: 0161 778 5918 24 Hour Advice Line: 0161 785 5635 Fundraising Office: 0161 624 9984 fundraising@drkh.org.uk Lottery Office: 0161 624 9213 lottery@drkh.org.uk

Dr Kershaw's Hospice

Turf Lane, Royton, Oldham, OL2 GEU

Email: info@drkh.org.uk

Website: www.drkh.org.uk

Charity No: 1105924

