Doctor Kershaw's Hospice

EDUCATION

# Education & Training Prospectus




## Short courses to support your development

# Introduction



**Welcome to Dr Kershaw's Hospice. It is our belief that care at the end-of-life deserves as much beauty, attention and respect as care at the beginning of life. Our specialist teams support patients in the local community when they need it the most.**

The importance of education and training is reflected throughout our strategic objectives, to enhance and maintain the highest standards of quality directly in patient care and throughout all Hospice departments.

It is our mission to provide excellent education and training to improve and maintain the knowledge, skills and attitudes of our staff and volunteers. We also offer our training modules to staff external to the Hospice to promote best practice and high quality palliative and end-of-life care to our local and national colleagues.

We are pleased to present a range of short courses and workshops designed to meet your developmental needs, both personal and professional. We have a selection of learning opportunities including;

- Clinical courses which are all designed to enhance the skills of healthcare professionals. With the addition of our patient care simulator mannequin we are able to offer practical hands-on training as well as theoretical, underpinning knowledge.
- Communication skills relevant across all healthcare specialities, and those particularly important in palliative care.
- Leadership and management skills to help support you wherever you work.

We have a comfortable and spacious training room called The Learning Hub creating a space within the Hospice dedicated to supporting learning. Alongside the projector and presentation facilities we have a small library facility, which is continuously developing its collection of books, journals, reports, audio-visual material in subjects including palliative and end-of-life care, bereavement, nursing / medicine, and other areas of interest.

Our Focus of the Month is also displayed in The Learning Hub. We have two display boards; one for clinical based / Hospice-wide information and the other to display HR information regarding upcoming training and appraisals as well as well-being and mental health support.

Our courses and workshops are open to a wide range of healthcare professionals and students. We are happy to adapt our existing training to better meet your needs, or to create bespoke training packages if required. Please don't hesitate to contact our Education and Training Team with any questions.

Doctor Kershaw's Hospice

EDUCATION

# Enquiries



## How to Book and Course Enquiries:

To enquire or to book onto a training course please register your interest by emailing End-of-Life Nurse Educator Sarah Longmore at: **prospectus@drkh.org.uk**

We have a wide variety of dates available throughout the year and our Education and Training Team will get back to you at the earliest opportunity to discuss your requirements and book your training. We also offer bespoke training, please contact us to discuss.

## For Bespoke Clinical Training:

Please contact:
Sarah Longmore, End-of-Life Nurse Educator
Email: **sarah.longmore@drkh.org.uk**
Tel: 0161 624 2727
Ext. 32

## For Bespoke HR or Learning and Development Workshops:

Please contact:
Mandi Halton, HR Manager
Email: **mandi.halton@drkh.org.uk**
Tel: 0161 624 2727
Ext. 28

Doctor Kershaw's Hospice
EDUCATION

# Terms & Conditions




## Payment

Our courses are open to all healthcare professionals and some clinical skills sessions may be helpful to student nurses. Whilst all of our education and training is inclusive with the contract of employment to Hospice staff, there is a charge applicable for anyone external to the Hospice.

Payment must be received at least 10 days in advance of the course date to confirm the booking.

## Cancellation & Refunds

We will make every effort to ensure your course is delivered as planned. However on occasions we may need to cancel a course due to circumstances beyond our control. We reserve the right to cancel the course date and in this case where possible we will advise you of an alternative date as soon as possible.

## If You Need to Cancel a Booking:

Cancellation fees will be charged at 50% of the course fee if the attendee cancels less than 7 days prior to the course date, unless the place is rebooked for a future date. If the attendee does not attend without cancelling in advance the course fee is non-refundable.

Cancellation fees are not incurred if you contact us to cancel more than 10 days prior to the course. A change of booking name will be accepted at any time prior to the course date and does not incur costs.

## Special Requirements

If you have any learning, physical or any other needs you feel we should know about, please let us know at the time you make a booking. This information will be kept confidential, in line with GDPR.

## Bespoke Training

We are able to create/tailor training according to your needs. If you require something particular or partial elements of multiple courses, please don't hesitate to contact us to discuss and we will be happy to assist you further.

## Parking

On-site parking is free, however places are limited. Please remain mindful of the need for availability of parking for our patients and their loved ones and park respectfully of our neighbours off-site.

Doctor Kershaw's Hospice
EDUCATION

# Contents





- **Meet the Education Team** 6
- **Mandatory Training** 10


## Non-Clinical Training


- Hospice Induction 11
- Maximise Your Time 12
- Skills for Appraisal 13
- Delegation 14
- Team Building - Working Together 15
- Workplace Well-Being 16
- Introduction to Communication Skills 17
- Policy Writing 18
- Minute-Taking 19
- Recruiting 20
- Presentation Skills 21


## Clinical Training


- Communication Skills 22
- Oral Care 23
- Naso-Gastric (NG) Tube Placement & Management for Gastric Drainage 24
- Tracheostomy Care & Management 25
- Oral & Tracheal Suctioning 26
- Nebuliser Therapy 27
- Non-Invasive Ventilation 28
- Respiratory Training Day 29
- Chest Drain Management 30
- Stoma Care 31
- Pressure Ulcer Prevention & Care 32
- Injection Technique 33
- Venepuncture & IV Cannula Insertion & Care 34
- Male & Female Urinary Catheterisation 35
- Bowel Management Awareness 36
- Managing Confusion & Delirium 37
- Oxygen Therapy 38
- An Introduction to Bed Bathing & Personal Care 39
- Aseptic Non-Touch Technique (ANTT) 40
- Supporting a Healthy Bereavement 41
- Grief Awareness 42
- Management of Mild Anxiety and Sleeplessness 43
- Dementia Awareness 44
- Syringe Driver Management 45
- Motor Neurone Disease Awareness 46
- Mayfly Advance Care Planning Programme 47


## Palliative Care Emergency Training


- Catastrophic Bleeding 48
- Gastro-Intestinal (GI) Obstruction 49
- Neutropenic Sepsis 50
- Metastatic Spinal Cord Compression (MSCC) 51
- Hypercalcaemia 52
- Superior Vena Cava Obstruction (SVCO) 53


Doctor Kershaw's Hospice

EDUCATION

# Meet the Education & Training Team

**Our Education and Training Team is made up of our Chief Executive, End-of-Life Nurse Educator, HR Manager and our Training Administration Assistant. We have an extensive background of skills.**



## Adele Doherty
**Chief Executive**

Adele is our Chief Executive and has been a registered nurse since 1992. Adele has worked in senior nursing / management roles within both the NHS and hospice settings (urgent care settings, long-term conditions management, education and training, palliative and end-of-life care) thereby gaining a wealth of skills and knowledge in numerous healthcare organisations.

This breadth of experience has led to a personal and professional portfolio that presents an array of specialised skills and knowledge and strategic management experience.

She is passionate about palliative and end-of-life care and about the effective and supportive management of all staff.

Adele is devoted to professional development and has completed academic and professional qualifications to strengthen her leadership / change management skills. These include the MSc Leadership and Management in Health Care Setting and Post Graduate Diploma in Practice Development.

Doctor Kershaw's Hospice
EDUCATION

# Meet the Education & Training Team



## Sarah Longmore
**End-of-Life Nurse Educator**

Sarah is the End-of-Life Nurse Educator at Dr Kershaw's Hospice, and she has been a qualified nurse since 2008. Sarah has a vast and varied experience in caring for both acutely and chronically unwell patients as well as critically ill patients. Prior to working at the Hospice, Sarah worked within the NHS initially within Emergency Admissions, before moving to Intensive Care and High Dependency; where she gained management experience within her first sister's post.

Sarah is dedicated to providing patients with the best experience and feels very strongly that palliative care should be of an extremely high standard as often there is only one chance to get things right. Throughout her career Sarah has maintained a keen interest in education and practice development which led her into her current role. She is passionate about personal and professional development and ultimately improving practice and instilling confidence, particularly amongst nurses.

In Sarah's words:

**"There is never a 'stupid' question."**



## Mandi Halton
**HR Manager**

Mandi is our MCIPD qualified HR Manager and delivers non-clinical training. Mandi has been qualified in HR and Training for 30 years, working across a variety of industries and organisations both in the public and private sector, ranging from transport, distribution and logistics, public transport, recycling, the NHS, the motor industry, sales and manufacturing, and the hair and beauty industry.

Mandi has delivered management development training for many years, she writes, designs and delivers bespoke training, covering a wide range of subject material to meet business needs and to support staff development at the Hospice. Mandi tries to create training and learning that is engaging and interesting and hopefully fun!

Doctor Kershaw's Hospice

EDUCATION

# Additional Facilitators



## Kathryn Harding
**Well-Being Centre Manager**

Kathryn is the Well-Being Centre Manager at Dr Kershaw's Hospice. She was awarded an MA in Adult Nursing in 2018, and after a short stint working in cardiology, came to work at Doctor Kershaw's Hospice in 2020. Kathryn is committed to supporting the well-being of those affected by terminal and life-limiting illness, and in addition to bereavement support, she has a particular interest in supporting those living with dementia. These skills have naturally led Kathryn into managing the Well-Being Centre at Dr Kershaw's Hospice, where a wide range of targeted and therapeutic activities and groups are offered both to inpatients and outpatients.

Prior to her nursing career, Kathryn conducted research and taught at The University of Sheffield. She has more than 10 years of teaching experience.



## Kelly Foster
**IPU Ward Manager**

Kelly is the Senior Sister at Dr Kershaw's Hospice, she has worked for the NHS since 2001 and in 2013 she gained her BSc (Hons) in Adult Nursing. Kelly started her nursing career at Dr Kershaw's Hospice as a Staff Nurse, and during this time she gained valuable experience in palliative and end-of-life care. She became a Junior Sister in 2018 on the In-Patient Unit. Kelly has undertaken leadership and management courses to develop her skills and became a Senior Sister in 2021 managing the In-Patient-Unit.

Kelly is very passionate about providing outstanding palliative and end-of-life care for those with a life-limiting illness in our community.

Doctor Kershaw's Hospice
EDUCATION

# Additional Facilitators



## Lindsey Harper
**Director of Clinical Services**

Lindsey is the Lead Nurse for Clinical Services at Dr Kershaw's Hospice. Lindsey gained her BSc (Hons) Adult Nursing in 2005 and started her nursing career in the community as a district nurse in Oldham. During this time, she gained vast experience and extra qualifications including a PGDip in Specialist Community Practice and a V150 prescribing qualification. Lindsey became a District Nursing Sister in 2010 working closely with several GP's and covering areas in Oldham that included, Royton & Crompton, Failsworth and Chadderton. In this time she gained experience in caring for people with life-limiting illnesses, and her greatest passion in nursing has always been to provide high quality palliative and end-of-life care. Lindsey started work at Dr Kershaw's in 2015 with the opportunity to implement the new Hospice at Home Service. Lindsey then went on to manage and develop the second community service; Caring Hands, our specialist end-of-life domiciliary care service. Lindsey is now responsible for all Clinical Services, including; the In-Patient Unit, the Well-Being Centre and our Hospice at Home and Caring Hands Services. Lindsey is committed to delivering high quality end-of-life care within the Hospice and in our local community, supporting people with their choices at the end-of-life, when they need it most.



## Rosie Kenworthy
**Complementary Therapist**

Rosie is the Complementary Therapist at Dr Kershaw's Hospice. Rosie began her career in the Health and Social Care Sector as a Family Support Worker, this role was very stressful which led to Rosie's interest in Complementary Therapies, an interest she has maintained for 15 years!

Rosie joined the Dr Kershaw's Team in 2019 as a Health Care Assistant working for the Caring Hands Service; when the Complementary Therapist role was advertised in 2022 she was successful in her application. Rosie has a keen interest in maintaining calm, promoting stress relief and ultimately achieving patient comfort at the end-of-life.

Doctor Kershaw's Hospice
EDUCATION

# Mandatory Training

(Available to Dr Kershaw's staff only)




## Face-to-Face Teaching Sessions:

- Basic Life Support (BLS)
- Manual Handling (non-clinical)
- Manual Handling (clinical)
- Communication
- Dementia Awareness
- Safeguarding Adults and Children
- Prevent
- Fire Awareness & Safety

## Electronic Workbooks (links available via the intranet):

- COSHH
- Equality, Diversity & Human Rights
- Health & Safety (including DSE)
- Meds Management for 2nd Checkers (HCAs)
- Meds Management for Trained Nurses
- Waste Management
- Food Hygiene (Clinical/Catering staff only)
- Falls Awareness
- ANTT
- Infection Prevention & Control
- Health Record Keeping
- Learning Disabilities, Autism & Mental Health Awareness
- LGBTQ+ Awareness
- 24 Hour Advice Line Training (Trained Nurses)

**"Dr Kershaw's Hospice offers a welcoming, facilitating environment for training."**

## Mandatory Training accessed via eLearning for Health (elfh):

- Data Security Awareness Level 1
- Chaperones & Consent (clinical staff only)

Doctor Kershaw's Hospice

EDUCATION

# Hospice Induction

(Available to Dr Kershaw's staff only)



## Course Details:

An induction is all about giving you the background and information you need to learn more about Dr Kershaw's Hospice. You will learn who is who, what they do and have the opportunity to ask any general questions you may have about working here.

Induction is usually delivered as soon as possible after your start date to ensure you have all the information you need to help you settle into your new role.

## Who is This Course For?

All staff employed by Dr Kershaw's Hospice, particularly new starters.

## What Will the Course Cover?

- Background to the Hospice
- Welcome from the Chair of Trustees
- A tour of the Hospice
- Awareness of all the different departments across the Hospice and what they do
- Opportunity to meet other new starters
- A chance to ask any questions

| | |
|---|---|
| **Facilitator(s):** | Mandi Halton |
| **Course Duration:** | 2.5 hours |
| **Equipment Needed:** | Pen and notepad |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group.

## Cost:

£0

Doctor Kershaw's Hospice

EDUCATION

# Maximise your Time




## Course Details:

This course will help you to identify key methods which are focused on increasing your overall levels of productivity, performance and output. You will learn how to "eat the frog" and spend time on activities that really make a difference, taking away top tips for making the most of your time.

## Who is This Course For?

All staff who may need a refresh on top tips for organisational skills, any one finding they need help prioritising tasks to ensure they can get the most achieved in their working day.

## What Will the Course Cover?

- Establishing the differences between productivity and efficiency
- How to prioritise tasks based on urgency and/or importance
- How to develop successful habits
- Setting objectives
- Discussing the importance of planning
- How to say "no"
- Managing interruptions

**Facilitator(s):** Mandi Halton

**Course Duration:** 4 hours

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, including quizzes and activities and group work.

## Cost:

£50 per person

Doctor Kershaw's Hospice
EDUCATION

# Skills for Appraisal



## Course Details:

To be able to recognise the benefits of an effective appraisal process is valuable to all employees and managers. This session will help both appraisee and appraisers plan, prepare and carry out good conversations in your review meeting, using current Hospice Appraisal documents.

## Who is This Course For?

Anyone receiving an appraisal (appraisee) and definitely anyone carrying out appraisals for the first time, oor wanting to refresh their knowledge if they haven't accessed an update in a while.

## What Will the Course Cover?

- Understanding the difference between appraisal and feedback
- The benefits of appraisal and the "costs" of not doing appraisals and holding regular one-to-one meetings
- The purpose of feedback
- Tips for giving feedback
- Familiarising yourself with the Hospice Appraisal documents
- How to set clear and appropriate objectives
- A reminder of the keys skills needed in carrying out an Appraisal Meeting

**Facilitator(s):** Mandi Halton

**Course Duration:** 4 hours

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None, but if you have been on the receiving end of an appraisal or been in a position to carry out a review meeting then that's a great help.

## How Will the Course be Taught?

Face-to-face delivery in a group, including quizzes and activities and group work.

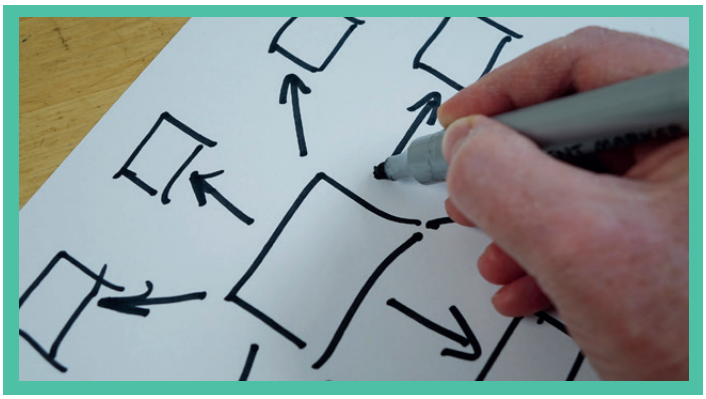
## Cost:

£50 per person

Doctor Kershaw's Hospice

EDUCATION

# Delegation



## Course Details:

This course asks the question - What is Delegation? and looks at why we need to delegate. Delegation is not always an easy thing to do or can be over-done so the effects of this are considered along with the key steps you can take to be a successful delegator!

## Who is This Course For?

Staff who manage others to whom they need to delegate work to.

## What Will the Course Cover?

- What is delegation?
- Why we need to be able to delegate?
- Why delegation isn't easy and doesn't always work out?
- What are the effects of under/over delegation?
- Key steps to successful delegation

| | |
|---|---|
| **Facilitator(s):** | Mandi Halton |
| **Course Duration:** | 3 hours |
| **Equipment Needed:** | Pen and notepad |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None, but if you have a staff member to delegate to already then this session will be a good one to attend. Anyone can attend even if you don't currently have anyone to delegate to – delegation tips and techniques are great to learn anyway!

## How Will the Course be Taught?

Face-to-face delivery in a group, including quizzes and activities and group work.

## Cost:

£45 per person

Doctor Kershaw's Hospice

EDUCATION

# Team Building - Working Together



## Course Details:

This session is activity-based, it's all about working better together and understanding how teams function. You will have the opportunity to practise what you learn about your preferred way of working, in a team, during the session activities.

## Who is This Course For?

An activity-based session to help build stronger teamwork skills is suitable for anyone in any team, but is ideal for work teams. Whether you are a team member or a team manager this session should be fun and useful.

## What Will the Course Cover?

- Establishing what is a Team and what is a Group
- Stages of Team Development
- Belbin Team Types – what's yours? What this means in a Team?
- Activities to practise teamworking

**"The session was useful and so interesting, it has really given me food for thought."**

**Facilitator(s):** Mandi Halton

**Course Duration:** 3 hours

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, including quizzes and activities and group work.

## Cost:

£45 per person

Doctor Kershaw's Hospice

EDUCATION

# Workplace Well-being




## Course Details:

This session is all about establishing what well-being is and recognising your current state of wellness. It is not about telling you how to live your life. The session will introduce a 5 stage well-being framework which you will find supportive and should help all staff work towards an environment of mutual care and protection at work.

## Who is This Course For?

Everyone.

## What Will the Course Cover?

- Defining what we mean by well-being
- Looking at mental health versus mental illness
- Staff support – our mental health first aiders
- Introducing the 5 stage Well-being Framework

| | |
|---|---|
| **Facilitator(s):** | Mandi Halton |
| **Course Duration:** | 1 hour – 1.5 hours |
| **Equipment Needed:** | Pen and notepad |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None, but if you have any well-being concerns or anything you wish to discuss in confidence please speak with HR, at any time, if you prefer.

## How Will the Course be Taught?

Face-to-face delivery in a group, including activities and group/pairs work.

## Cost:

£30 per person

Doctor Kershaw's Hospice
EDUCATION

# Introduction to Communication Skills

(Non-Clinical)




## Course Details:

This session looks at what we mean by "communication" and why it is so important, especially in a healthcare setting. Looking at how we communicate and what stops us from communicating well.

## Who is This Course For?

Everyone.

## What Will the Course Cover?

- A review of our understanding of the communication process
- How we put people at ease with good communication
- Discussion about the barriers to communication
- The key skills of communication, including non-verbal communication

**Facilitator(s):** Mandi Halton

**Course Duration:** 1 hour – 1.5 hours

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, including group/ pairs work.

## Cost:

£30 per person

Doctor Kershaw's Hospice

EDUCATION

# Policy Writing




## Course Details:

Policies help form the standards by which an organisation operates, they should be clearly written and communicated, and accessible to all employees. The skills developed in this training session will enable you to create and write a policy that is understood, reflects the values and guides employees towards operational success.

## Who is This Course For?

Anyone who need to write or review policies within an organisation.

## What Will the Course Cover?

- What are policies (and procedures) and what do we need them for?
- How to prepare to create an effective policy
- Tips & techniques for writing policies
- Implementing policies

**Facilitator(s):** Mandi Halton

**Course Duration:** 4 hours

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

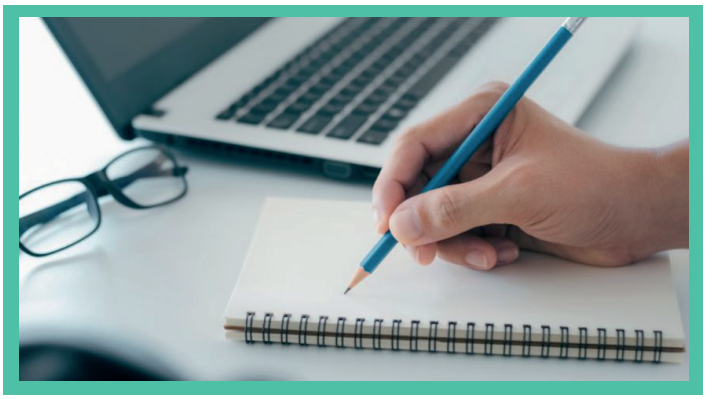
Face-to-face delivery in a group, including group/ pairs work.

## Cost:

£55 per person

Doctor Kershaw's Hospice
EDUCATION

# Minute-Taking



## Course Details:

A participatory training session to provide you with the necessary skills to plan and arrange meetings as well as take minutes within the meeting environment.

## Who is This Course For?

Anyone who needs to plan meetings, set agendas, record information for meetings or simply needs a record of a conversation.

## What Will the Course Cover?

- Tips and techniques to help plan effective meetings
- Improve the recording of information
- Discussion about different types of meetings held and the record needed
- What to include (and not include) in the meeting minutes
- The process or sharing and storing of minutes

**Facilitator(s):** Mandi Halton

**Course Duration:** 4 hours

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, including group/pairs work.

## Cost:

£55 per person

Doctor Kershaw's Hospice

EDUCATION

# Recruiting



## Course Details:

A step-by-step process to follow, from advertising to induction. This training session is all about recruiting the right way – getting the right people into the right roles within the organisation in a legal, appropriate and fair way, which follows best practice.

## Who is This Course For?

Anyone who needs a wider understanding of the recruitment process and is likely to be recruiting new staff.

## What Will the Course Cover?

- Equal opportunities and fairness in the recruitment process
- Competency-based recruitment
- The key steps in the recruitment process

**"The training was extremely interesting, informative and useful."**

| | |
|---|---|
| **Facilitator(s):** | Mandi Halton |
| **Course Duration:** | 4 hours |
| **Equipment Needed:** | Pen and notepad |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

Some management experience is desirable, or experience of advertising job roles and forming an interview panel.

## How Will the Course be Taught?

Face-to-face delivery in a group, including group/pairs work.

## Cost:

£55 per person

Doctor Kershaw's Hospice

EDUCATION

# Presentation Skills



## Course Details:

Being required to present information publicly can be a nerve-wracking experience for many people, but communicating effectively, confidently and in a manner appropriate to context is an essential skill that can support you both personally and professionally.

In this course we will identify some of the key skills required for presenting information effectively in a face-to-face group setting. We will consider different contexts in which you might be required to present; and tailor presenting skills and styles to these various contexts. And we will practise!

## Who is This Course For?

Anyone required to/seeking to improve their presentation skills

## What Will the Course Cover?

- Key presenting skills
- Effective visual support for presentations
- Feeling confident when presenting
- Adapting presentation styles for various contexts

| | |
|---|---|
| **Facilitator(s):** | Mandi Halton |
| **Course Duration:** | 3 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group.

## Cost:

£45 per person

Doctor Kershaw's Hospice
EDUCATION

# Communication Skills

(Clinical)



## Course Details:

A participatory and comprehensive exploration of the communication skills and methods utilised within healthcare. Focus is given to communicating with patients as well as other members of the Multidisciplinary Team (MDT). Participants are encouraged to reflect on their current skills and aim to improve their skills post-training.

## Who is This Course For?

All clinical staff.

## What Will the Course Cover?

- Introductions
- Verbal and non-verbal communication
- The use of silence
- The use of open and closed questions
- Difficult conversations
- Breaking bad news

| | |
|---|---|
| **Facilitator(s):** | Adele Doherty, Sarah Longmore |
| **Course Duration:** | 1.5 hours |
| **Equipment Needed:** | Pen and notepad |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

Clinical experience and a desire to enhance existing skills.

## How Will the Course be Taught?

Face-to-face delivery in a group, including group/ pairs work.

## Cost:

£35 per person

Doctor Kershaw's Hospice

EDUCATION

# Oral Care




## Course Details:

A comprehensive and interactive exploration of the provision of oral care at the end-of-life. The session will cover the causes of poor oral health and the required interventions to promote good oral hygiene at the end-of-life. Practical skills are demonstrated with the option to practise using our state-of-the-art simulation mannequin.

## Who is This Course For?

All staff providing direct patient care.

## What Will the Course Cover?

- Oral hygiene
- Causes of poor oral health
- Remedies to improve oral health
- Preventative methods
- Denture cleaning

**Facilitator(s):** Sarah Longmore

**Course Duration:** 1 hour

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£30 per person

Doctor Kershaw's Hospice
EDUCATION

# Naso-Gastric (NG) Tube Placement & Management for Gastric Drainage



## Course Details:

A comprehensive and practical training session exploring the benefits and risks associated with gastric drainage. Following the course you will have:-

- The ability to discuss the rationale for appropriate insertion of naso-gastric tubes for drainage purposes
- The ability to assess a patient's suitability for a NG tube
- The ability to record the NEX measurement
- The ability to insert the NG tube effectively, confirm its position and secure it in place
- The knowledge to adequately care for the tube remaining mindful of pressure area care, drainage bag positioning and pH monitoring

Practical demonstration and the ability to practise on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom is incorporated throughout the duration of the course.

## Who is This Course For?

Trained nurses.

## What Will the Course Cover?

- The anatomy & physiology of the GI tract
- Pre-insertion assessment & measurement
- NG tube insertion process
- NG tube and patient aftercare

**Facilitator(s):** Sarah Longmore

**Course Duration:** 4 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Experience/exposure to patients who do or may require gastric drainage.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

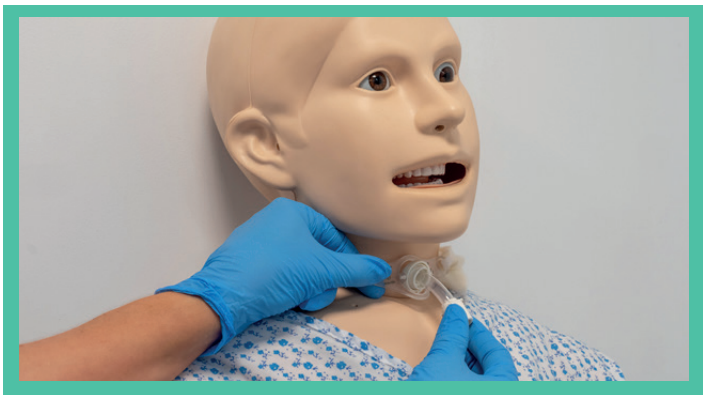
## Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

# Tracheostomy Care & Management



## Course Details:

A comprehensive training session, surrounding a wide variety of skills related to all elements of tracheostomy care. The course is inclusive of a range of clinical skills including:

- Tracheostomy dressings
- Stoma care
- Inner cannula management
- Humidification
- Methods of tracheostomy tube insertion
- Tracheostomy tube types
- Managing emergency situations
- Essential equipment

Theoretical knowledge is discussed in a participatory and interactive manner, to focus on embedding best practice. Practical skills are then taught and practised on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All trained nurses wanting to improve or refresh their knowledge, skills and competence in caring for and managing tracheostomies.

## What Will the Course Cover?

The anatomy and physiology of the lungs and respiratory tract, in relation to the mechanisms of breathing and the considerations for individual patient management.

**"Perfect training day, thank you!"**

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore |
| **Course Duration:** | 3 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

Experience of caring for patients with tracheostomies is desirable but not essential.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£50 per person

Doctor Kershaw's Hospice

EDUCATION

# Oral & Tracheal Suctioning



## Course Details:

An interactive and comprehensive training session, to promote the use of suctioning to aid a patient's symptoms and comfort, by enhancing practical clinical skills and confidence.

The course covers the use of suction catheters and yankauers and other equipment required. Demonstrations are provided and the ability to practise new found skills on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

Trained nurses.

## What Will the Course Cover?

- The anatomy and physiology of the lungs and respiratory tract, in relation to the mechanisms of breathing and the considerations for individual patient management.
- The anatomy and physiology of the oral cavity in relation to secretion removal and oral care.

**Facilitator(s):** Sarah Longmore

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Experience in caring for/exposure to patients requiring suctioning, or an interest in enhancing your clinical skills.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

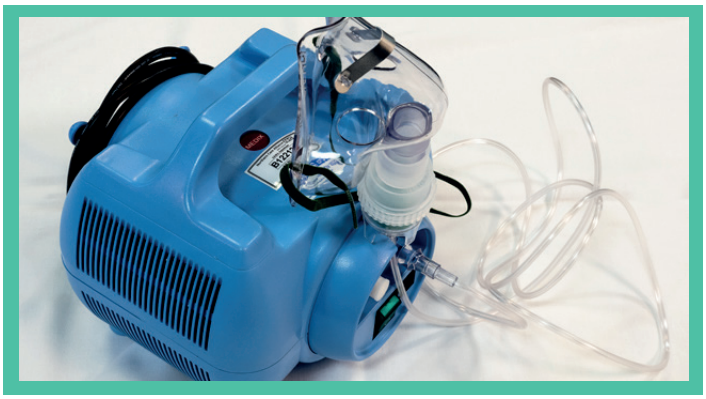
## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Nebuliser Therapy



## Course Details:

A thorough and informative training session, focusing on the use of nebuliser therapy to improve clinical condition and promote a patient's comfort. The anatomy and physiology of the respiratory tract will be explored to gain an understanding of the benefits and precautions to be considered when administering nebulisers.

## Who is This Course For?

Trained staff required to administer nebulisers as part of their job role.

## What Will the Course Cover?

The anatomy and physiology of the lungs and respiratory tract, in relation to the mechanisms of breathing and the considerations for individual patient management.

**Facilitator(s):** Sarah Longmore

**Course Duration:** 3 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Experience in caring for/exposure to patients requiring nebuliser therapy, or an interest in enhancing your clinical skills.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£35 per person

Doctor Kershaw's Hospice

EDUCATION

# Non-Invasive Ventilation



## Course Details:

A thorough overview of nursing patients requiring non-invasive ventilation. This session focuses particularly on the mechanisms of normal breathing and when non-invasive ventilation becomes beneficial or in some cases essential to a patient's quality of life.

## Who is This Course For?

Trained nurses who have a requirement to care for patients requiring non-invasive ventilation as part of their job role.

## What Will the Course Cover?

- Anatomy and physiology of the lungs and respiratory tract
- The mechanisms of breathing in health and illness
- The different types of non-invasive ventilation and how they work
- Simple troubleshooting methods

**Facilitator(s):** Sarah Longmore

**Course Duration:** 1.5 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Experience in caring for/exposure to patients requiring non-invasive ventilation, or an interest in enhancing your clinical skills.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£35 per person

Doctor Kershaw's Hospice

EDUCATION

# Respiratory Training Day



## Course Details:

A comprehensive training day surrounding a wide variety of skills related to all elements of respiratory care. The course is inclusive of a range of clinical skills including:

- Tracheostomy Care & Management
- Oral & Tracheal Suctioning
- Nebuliser Therapy
- Non-Invasive Ventilation (BiPAP & CPAP)

Theoretical knowledge is discussed in a participatory and interactive manner, to focus on embedding best practice. Practical skills are then taught and practised on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All trained nurses wanting to improve their skills and confidence in caring for complex respiratory patients.

## What Will the Course Cover?

- The anatomy and physiology of the lungs and respiratory tract
- The mechanisms of breathing and pressures within the lungs in relation to considerations for individual patient management

**Facilitator(s):** Sarah Longmore

**Course Duration:** 8 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Qualified nurses with some experience of caring for respiratory patients in any clinical setting, who are wanting to improve or refresh their knowledge and clinical competence.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

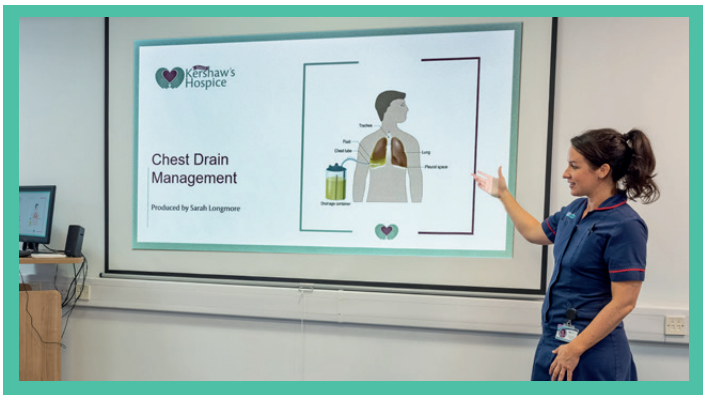
## Cost:

£105 per person

Doctor Kershaw's Hospice

EDUCATION

# Chest Drain Management




## Course Details:

A comprehensive exploration of the placement of chest drains for palliative purposes, including the anatomy and physiology and drain placement.

## Who is This Course For?

All trained nurses caring for patients who may potentially require a chest drain.

## What Will the Course Cover?

- Anatomy and physiology
- Insertion technique
- Routine checks and daily care
- Changing a drainage bottle
- Chest drain removal

**"Every aspect of the training session was informative. Very useful material."**

**Facilitator(s):** Sarah Longmore

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Some experience of caring for chest drains is beneficial but not essential.

## How Will the Course be Taught?

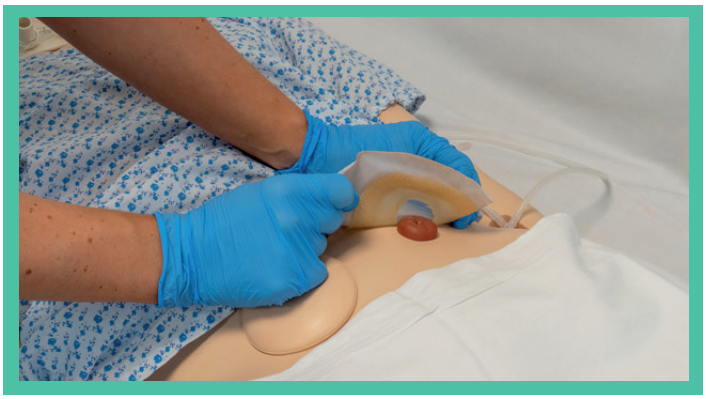
Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice
EDUCATION

# Stoma Care



## Course Details:

A participatory and comprehensive training session, which explores the anatomy and physiology of the bowel and the different surgeries performed for stoma formation. Hands-on stoma care, troubleshooting, bag selection and reference to medications are all covered within the theoretical summary.

Clinical skills will be enhanced via demonstrations followed by the ability to practise new found skills on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All healthcare professionals wanting to increase their knowledge and clinical skills in caring for patients with a stoma.

## What Will the Course Cover?

- The anatomy and physiology of the bowel and the different variations of stomas
- Gastro-Intestinal Surgeries performed to form stomas
- Problem solving within the day-to-day management of stomas

**Facilitator(s):** Sarah Longmore

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Some experience / exposure to patients requiring stoma care is desirable but not essential.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Pressure Ulcer Prevention & Care



## Course Details:

A comprehensive and interactive training session which explores the causes of pressure ulcers, risk assessment and strategies within patient care to prevent and manage pressure ulcers whilst promoting patient comfort.

## Who is This Course For?

All nurses, health care assistants and student nurses.

## What Will the Course Cover?

- Anatomy & physiology of the skin and pressure ulcer formation
- Strategies to prevent pressure ulcer formation or deterioration
- Classification of pressure ulcers and moisture lesions
- Patient positioning
- Skin care
- Pressure-relieving aids

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore |
| **Course Duration:** | 2 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Injection Technique



## Course Details:

An interactive and participatory course to provide the learner with the necessary skills to safely and competently administer injections. Theoretical knowledge will be instilled via presentations, discussions and scenario-based work.

Practical skills will be achieved by the demonstration and practise of injection administration using our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

Doctors, trained nurses and senior health care assistants who are required to administer injectable medications as part of their job role.

## What Will the Course Cover?

- The anatomy and physiology of the skin
- Needle selection
- Equipment required
- Injection site selection
- Intra-Muscular (IM) injections
- Sub-Cutaneous (S/C) Injections, Inclusive of SAF-T Siting

**Facilitator(s):** Sarah Longmore

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

A requirement to deliver medication via injection as part of your job role.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Venepuncture & IV Cannula Insertion & Care



## Course Details:

A practical course guided by evidence-based practice and underpinning theory, providing the necessary skills to obtain blood samples and insert IV cannulae. Practical skills will be achieved by the demonstration and practise of venepuncture and cannulation using our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

Trained nurses looking to extend their skillset or update their existing knowledge and skills.

## What Will the Course Cover?

- Anatomy and physiology of the vessels
- Equipment required
- Cannula insertion technique
- Cannula care and maintenance
- VIP Scores
- Various venepuncture techniques

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore |
| **Course Duration:** | 4 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

Some knowledge of blood sampling / cannulation is desirable but not essential.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

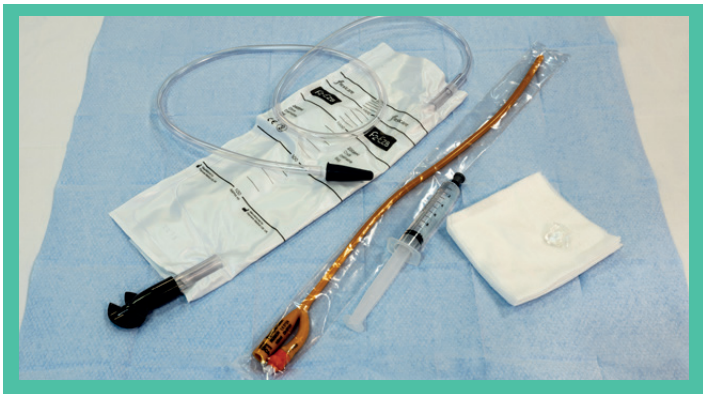
## Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

# Male & Female Urinary Catheterisation



## Course Details:

This is a comprehensive, interactive and practical training session. Theoretical underpinning knowledge is delivered to provide rationale for the practical skills you will learn. You will be given the opportunity to practise on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

The course duration may be tailored if only one type of urinary catheterisation training is required or if you just require refresher training.

## Who is This Course For?

Trained nurses.

## What Will the Course Cover?

- Anatomy and physiology of the kidneys, urethra and bladder for both sexes
- The differences in catheter brands, styles and materials
- Insertion techniques
- Consideration of possible complications
- ANTT
- Ongoing catheter care

**"I've picked up skills to take forward to my own practice."**

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore |
| **Course Duration:** | 6 hours (can be tailored) |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

Trained nurses looking to refresh or enhance their knowledge and skills.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£100 per person

Doctor Kershaw's Hospice

EDUCATION

# Bowel Management Awareness



## Course Details:

An interactive and participatory course to provide the learner with the necessary knowledge and skills in the area of bowel anatomy and physiology, the common causes of bowel disruption and the management of constipation and diarrhoea.

Suppository and enema administration skills will be achieved by a demonstration and practise using our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

Trained nurses and care staff who are required to administer PR medication as part of their job role.

## What Will the Course Cover?

- Enema administration
- Suppository administration
- Non-Pharmaceutical interventions

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore |
| **Course Duration:** | 2 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

A requirement to deliver PR medication as part of your job role.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Managing Confusion & Delirium



## Course Details:

This training session gives an insight into the complexities and contributing factors of delirium and confusion. Potential strategies are discussed to improve patient outcome by managing symptoms.

## Who is This Course For?

All staff providing direct patient contact.

## What Will the Course Cover?

- Causes of delirium and confusion
- Strategies to help to avoid delirium / provide orientation
- Delirium scoring
- Commonly used medication

**Facilitator(s):** Sarah Longmore

**Course Duration:** 1 hour

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£30 per person

Doctor Kershaw's Hospice

EDUCATION

# Oxygen Therapy




## Course Details:

A participatory and comprehensive training session to embed knowledge among clinical staff caring for patients receiving Oxygen Therapy.

The course covers information on the different oxygen delivery devices, device selection and patient comfort interventions. Demonstrations are provided and the ability to practise new found skills on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All clinical staff.

## What Will the Course Cover?

- Modes of oxygen delivery
- Oxygen Concentrators
- Oxygen safety considerations
- % of oxygen delivered in correlation to litres per min

**Facilitator(s):** Sarah Longmore

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

Some knowledge of blood sampling/cannulation is desirable but not essential.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# An Introduction to Bed Bathing & Personal Care



## Course Details:

An introduction to providing personal care to patients who require assistance in a dignified manner. There is a practical element to the course using our state-of-the-art, skills simulation mannequin.

## Who is This Course For?

All staff providing direct patient care.

## What Will the Course Cover?

- Maintaining dignity and respect
- Gaining consent
- Promoting independence
- Sheet placement
- Things to look out for
- Documentation

**Facilitator(s):** Sarah Longmore, Kelly Foster

**Course Duration:** 1 hour

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Aseptic Non-Touch Technique (ANTT)



## Course Details:

A participatory and interactive session ranging from the rationale of the Aseptic Non-Touch Technique to the practical skills of applying the method in day-to-day practice. Demonstrations are provided and the ability to practise new found skills on our state-of-the-art, skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All clinical staff.

## What Will the Course Cover?

- What the Aseptic Non-Touch Technique is
- The necessary precautions to take
- Demonstrations and practicing the skills for a variety of clinical skills/interventions

**"Everything about the session was useful. Thank you so much."**

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore, Adele Doherty, Kelly Foster |
| **Course Duration:** | 1 hour |
| **Equipment Needed:** | Pen and notepad |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Supporting a Healthy Bereavement



## Course Details:

Session 1 will look at ways to support families, carers and other significant people immediately prior to a death, and in the immediate aftermath. We will look at compassionate ways to maximise resources and effectiveness even in a busy clinical context.

Session 2 will look at strategies to set up a healthy bereavement in the longer term, even when long-term involvement with bereaved people may be limited.

Both sessions are delivered face-to-face in a group incorporating an element of group work.

## Who is This Course For?

Clinical staff providing palliative care.

## What Will the Course Cover?

- What 'normal' grief might look like
- Establishing continuing bonds with the deceased
- Resources to support well-being
- Local and national sources of support
- Supporting children and young people
- Risk factors for complex grief

**Facilitator(s):** Kathryn Harding, Rosie Kenworthy

**Course Duration:** 2 x 2 hour sessions

(please indicate which session you require when booking; both are suggested)

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery incorporating some group work and work in pairs.

## Cost:

£85 per person

Doctor Kershaw's Hospice

EDUCATION

# Grief Awareness



## Course Details:

An interactive discussion-based training session exploring the stages of grief and the considerations required within clinical practice.

## Who is This Course For?

Everyone.

## What Will the Course Cover?

- The definition of grief
- Theories of grief and bereavement
- A holistic approach to grief recognition and management
- The differences between short-term and long-term grief
- The impact of grief on the individual and their loved ones

**Facilitator(s):** Adele Doherty,

**Course Duration:** 1 hour

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

An interest in developing your understanding of the grieving process to enhance your professional/clinical abilities and confidence.

## How Will the Course be Taught?

Face-to-face delivery incorporating some group work and work in pairs.

## Cost:

£35 per person

Doctor Kershaw's Hospice

EDUCATION

# Management of Mild Anxiety & Sleeplessness



## Course Details:

This course will look at ways to support patients who are struggling with anxiety and disordered sleeping including relaxation and meditation techniques, sleep hygiene and Complementary Therapies.

## Who is This Course For?

Staff supporting patients affected by anxiety and sleeplessness in day centres or rehab settings. Less suitable for those providing care in acute settings.

## What Will the Course Cover?

- How anxiety affects thoughts, behaviours and the body
- Relaxation techniques
- Complementary Therapies
- Sleep hygiene

**Facilitator(s):** Rosemary Kenworthy

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery incorporating some group work and work in pairs.

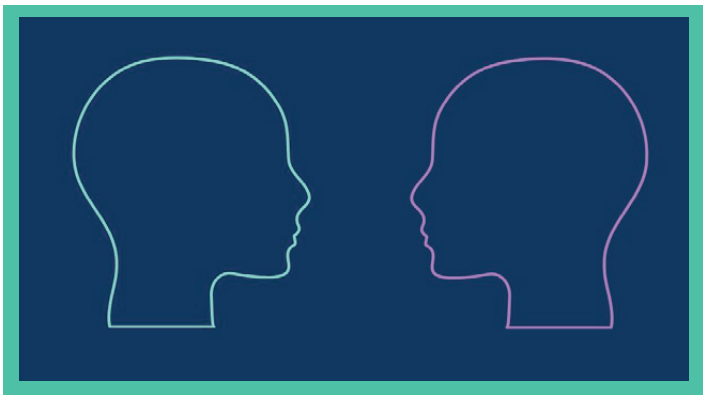
## Cost:

£30 per person

Doctor Kershaw's Hospice

EDUCATION

# Dementia Awareness



## Course Details:

An overview of the disease process of Dementia. A variety of diagnoses will be explored, giving reference to managing behaviours and providing therapeutic interventions to enhance the quality of life for those living with Dementia.

## Who is This Course For?

All staff caring for patients living with Dementia.

## What Will the Course Cover?

- A brief overview of diagnosis, disease progression and the different types of Dementia
- Suggestions of therapeutic activities that may provide stimulation and promote the well-being of those with Dementia
- Signposting to Dementia services within the locality

**Facilitator(s):** Sarah Longmore, Adele Doherty, Kelly Foster

**Course Duration:** 1 hour

**Equipment Needed:** Pen and notepad

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery incorporating some group work and work in pairs.

## Cost:

£30 per person

Doctor Kershaw's Hospice

EDUCATION

# Syringe Driver Management




## Course Details:

A comprehensive and interactive training session which encompasses theory and practical skills in syringe driver use and management.

## Who is This Course For?

All trained nurses who may be expected to utilise syringe drivers within their practice.

## What Will the Course Cover?

- Device training for the BD Bodyguard T syringe pumps
- Commonly used drugs at the end-of-life
- Conversion from syringe drivers to other routes
- Saf-T sub-cutaneous cannulae insertion and management

"The training venue was excellent."

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore, Lindsey Harper |
| **Course Duration:** | 2 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

Some knowledge of or experience in using syringe drivers is desirable but not essential.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Motor Neurone Disease Awareness



## Course Details:

An introduction to the complexities of Motor Neurone Disease, designed to enhance understanding of the disease process and progression.

## Who is This Course For?

All healthcare professionals.

## What Will the Course Cover?

- The anatomy and physiology of Motor Neurone Disease
- Disease progression
- Non-invasive ventilation
- Disease-specific palliative care

**Facilitator(s):** Sarah Longmore,

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£40 per person

Doctor Kershaw's Hospice

EDUCATION

# Mayfly Advance Care Planning Programme



## Course Details:

The Mayfly Advance Care Planning Programme provides an opportunity to explore how to find out the patient's views, preferences and wishes regarding their future care and to feel confident and competent to assist in documentation.

## Who is This Course For?

All healthcare professionals and staff caring for those with a life-limiting illness.

## What Will the Course Cover?

- Think About It - understanding Advance Care Planning, what it is and what it isn't, Mental Capacity and 'Best Interests' Decisions
- Talk About It - opening and maintaining a conversation about future wants and preferences
- Record It - what elements of Advance Care Planning are there, how to document wishes, preferences and refusal of treatment
- Share It - how to ensure that relevant information is shared, cross boundary information sharing, how to take this back into practice

**Facilitator(s):** Sarah Longmore, Kathryn Harding

**Course Duration:** 3 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery incorporating group work to practice new skills.

## Cost:

No charge to healthcare professionals working in the Oldham Borough.

Doctor Kershaw's Hospice

EDUCATION

# Palliative Care Emergency Training: Catastrophic Bleeding



Catastrophic Bleeding

## Course Details:

A comprehensive and interactive session which explores the causes of major bleeding amongst palliative care patients and the subsequent required management and interventions.

Theoretical knowledge is discussed in a participatory manner to focus on embedding best practice. Clinical skills will then be enhanced via clinical scenario simulation utilising our state-of-the-art skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All healthcare professionals.

## What Will the Course Cover?

- The anatomy and physiology of common sources of bleeding
- Disease progression
- Escalation of treatment
- Specific palliative care processes
- Equipment required
- Medication and necessary interventions

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore, |
| **Course Duration:** | 4 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

# Palliative Care Emergency Training: GI Obstruction



GI Obstruction

## Course Details:

A comprehensive and interactive session which explores the stages of GI obstruction, the implications for the patient and the management options.

Theoretical knowledge is discussed in a participatory manner to focus on embedding best practice. Clinical skills will then be enhanced via clinical scenario simulation utilising our state-of-the-art skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All healthcare professionals.

## What Will the Course Cover?

- The anatomy and physiology of the GI tract and the common symptoms associated with an obstruction
- Disease progression
- Escalation of treatment
- Equipment required
- Medication and necessary interventions

**Facilitator(s):** Sarah Longmore,

**Course Duration:** 4 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

# Palliative Care Emergency Training: Neutropenic Sepsis



Neutropenic Sepsis

## Course Details:

A comprehensive and interactive session which explores the signs of sepsis, the clinical presentation and the necessary considerations and interventions that need to occur.

Theoretical knowledge is discussed in a participatory manner to focus on embedding best practice. Clinical skills will then be enhanced via clinical scenario simulation utilising our state-of-the-art skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All healthcare professionals.

## What Will the Course Cover?

- Anatomy and physiology in relation to the processes of sepsis
- Infection prevention and control considerations
- Recognition of sepsis and escalation of treatment
- Medication and necessary interventions

**"The training was rewarding and it has improved my knowledge."**

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore, |
| **Course Duration:** | 4 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

# Palliative Care Emergency Training: Metastatic Spinal Cord Compression (MSCC)



## Metastatic Spinal Cord Compression (MSCC)

### Course Details:

A comprehensive and interactive session which explores the causes of MSCC amongst palliative care patients and the subsequent required management and interventions.

Theoretical knowledge is discussed in a participatory manner to focus on embedding best practice. Clinical skills will then be enhanced via clinical scenario simulation utilising our state-of-the-art skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

### Who is This Course For?

All healthcare professionals.

### What Will the Course Cover?

- The anatomy and physiology of how MSCC occurs
- Disease progression
- Escalation of treatment
- Specific palliative care processes
- Equipment required
- Medication and necessary interventions

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore, |
| **Course Duration:** | 4 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

### Pre-Course Requirements:

None.

### How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

### Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

# Palliative Care Emergency Training: Hypercalcaemia



Hypercalcaemia

## Course Details:

A comprehensive and interactive session which explores the causes of hypercalcaemia amongst palliative care patients and the subsequent required management and interventions.

Theoretical knowledge is discussed in a participatory manner to focus on embedding best practice. Clinical skills will then be enhanced via clinical scenario simulation utilising our state-of-the-art skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All healthcare professionals.

## What Will the Course Cover?

- The causes of hypercalcaemia making reference to the common diseases particularly at risk of developing hypercalcaemia
- Disease progression
- Escalation of treatment
- Specific palliative care processes
- Equipment required
- Medication and necessary interventions

**Facilitator(s):** Sarah Longmore,

**Course Duration:** 2 hours

**Equipment Needed:** Pen and notepad (handouts provided)

**Location:** The Learning Hub, Dr Kershaw's Hospice

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

# Palliative Care Emergency Training: Superior Vena Cava Obstruction (SVCO)



**Superior Vena Cava Obstruction (SVCO)**

## Course Details:

A comprehensive and interactive session which explores the anatomy and physiology of SVCO, those who are at particular risk amongst palliative care patients and the subsequent required management and interventions.

Theoretical knowledge is discussed in a participatory manner to focus on embedding best practice.

Clinical skills will then be enhanced via clinical scenario simulation utilising our state-of-the-art skills simulation mannequin to instil confidence in personal ability within the safety of the classroom.

## Who is This Course For?

All healthcare professionals.

## What Will the Course Cover?

- The causes of SVCO making reference to the common diseases particularly at risk
- Disease progression
- Escalation of treatment
- Specific palliative care processes
- Equipment required
- Medication and necessary interventions

| | |
|---|---|
| **Facilitator(s):** | Sarah Longmore, |
| **Course Duration:** | 4 hours |
| **Equipment Needed:** | Pen and notepad (handouts provided) |
| **Location:** | The Learning Hub, Dr Kershaw's Hospice |

## Pre-Course Requirements:

None.

## How Will the Course be Taught?

Face-to-face delivery in a group, involving some group work or work in pairs, utilising our state-of-the-art simulation mannequin to demonstrate and practise clinical skills.

## Cost:

£60 per person

Doctor Kershaw's Hospice

EDUCATION

Doctor Kershaw's Hospice

EDUCATION

We look forward to welcoming you onto one of our training courses!

Should you have any questions about any of the courses in this prospectus, or any bespoke training you would like, please contact our team using the details below.

Sarah Longmore, End-of-Life Nurse Educator
Email: prospectus@drkh.org.uk
Tel: 0161 624 2727
Ext. 32
Dr Kershaw's Hospice

## Written and developed by:

**Sarah Longmore**
End-of-Life Nurse Educator

## With Special Thanks to:

The entire Education Team for their contributions and help:
Adele Doherty
Mandi Halton
Lindsey Harper
Kelly Foster
Kathryn Harding
Rosie Kenworthy